

Information For the User  
Telmisartan IP 40mg + Cilnidipine IP 10mg + Metoprolol IP 25mg Tablet

# Telbolife Trio 25 ER Tablet

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**Dosage Form:** Extended Release Tablet

**Composition:**

Each extended release tablet contains:

Telmisartan I.P. 40 mg

Cilnidipine I.P. 10 mg

Metoprolol Succinate I.P. 25 mg (Extended Release)

**Description:**

Telbolife Trio 25 ER Tablet is a triple combination formulation containing Telmisartan, Cilnidipine, and Metoprolol Succinate. It is used in the management of hypertension and associated cardiovascular conditions. The combination works through complementary mechanisms to effectively control blood pressure, improve vascular function, and reduce cardiovascular risk. The extended release formulation of Metoprolol provides sustained beta-blocking activity throughout the day.

**Indications:**

Management of hypertension

Patients requiring combination antihypertensive therapy

Reduction of cardiovascular risk in hypertensive patients

Prevention of complications associated with uncontrolled blood pressure

**Dosage & Administration:**

Dosage should be taken as directed by the physician.

Tablet should be swallowed whole with water, preferably at the same time each day.

Do not crush or chew the extended release tablet.

**Pharmacological Action:**

Telmisartan is an angiotensin II receptor blocker (ARB) that relaxes blood vessels by blocking the vasoconstrictor effects of angiotensin II.

Cilnidipine is a calcium channel blocker that dilates blood vessels by inhibiting calcium influx in vascular smooth muscle cells.

Metoprolol Succinate is a selective beta-1 adrenergic receptor blocker that reduces heart rate, cardiac output, and myocardial oxygen demand.

The combination provides effective blood pressure control through multiple complementary mechanisms.

**Side Effects:**

Dizziness

Headache

Fatigue

Bradycardia

Gastrointestinal discomfort

**Precautions & Warnings:**

Use under medical supervision only.

Use cautiously in patients with hepatic or renal impairment.

Monitor blood pressure and heart rate regularly during therapy.

Not recommended during pregnancy and lactation unless prescribed by a physician.

**Drug Interactions:**

May interact with other antihypertensive agents, beta blockers, diuretics, and certain antiarrhythmic drugs.

Consult physician before using with other medications.

**Storage:**

Store below 25°C in a dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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